## #studyabroadbecause



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DESTINATION Milan, Italy

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Studying abroad in Milan, Italy, over a decade ago was such a transformative time for me, and probably changed the trajectory of my life.

I went to a small liberal arts college in Massachusetts, and I absolutely loved it. I had a great group of friends, my classes were great, but something was missing. I needed something different, and seized the opportunity to study abroad. Although I'd traveled before, I never LIVED abroad.

## Travel is my antidote to the complacency of everyday life.

Studying abroad ignited a strong desire to not just learn about other cultures, but immerse myself in them. The experience ultimately became the beginning of a pattern for me, where travel is my antidote to the complacency of everyday life.

Now, being abroad, whether studying or living, reminds me of and connects me to my best self. Not just as a tourist but as a cultural exchange ambassador. And the best part is, we all have this opportunity.

Nneya Richards is a fashion stylist and consultant, as well as the blogger behind N A Perfect World. She aims to empower young women to travel, as she believes it is through exploring the world that we will bridge cultural gaps and misunderstandings.

